Off-Site Earn-A-Bike Schedule

1. A: Orientation, Strip Bike and Identify Parts.
   Objective(s): 1. Students will identify the parts of a bicycle by disassembling a bicycle and labelling the parts removed. 2. Students will become familiar with bicycle tools through a guided trial and error disassembly exercise.

2. A. Finish Stripping Bikes
   Objective(s): (see above)
   B. Set up stand, remove/reinstall wheel, fix-a-flat.
   Objective(s): Students will be able to set up a stand, remove a wheel and fix a flat tire by following instructor’s example, consulting a diagram and working in teams.

3. A. Fix-A-Flat Race
   Objective(s) Students will demonstrate mastery of fixing flat tires by doing so in one-handed team races.
   B. Brakes Lesson/Practice
   Objective(s): Students will be able to adjust brake pads and brake cable tension by following instructor’s example, consulting a diagram and working in teams.

4. A. Brakes Lesson/Practice
   Objective(s): (see above)
   B. Tool Relay
   Objective(s): Students will identify bicycle tools through a vocabulary driven relay race.

5. A. Shifting Lesson
   Objective(s): Students will be able to adjust shifting via cable tension and limit screws by following instructor’s example, consulting a diagram and working in teams.
   B. Fix-A-Flat Race
   Objective(s): Students will demonstrate mastery of fixing flat tires by doing so in one-handed team races.
